This **Doctor Discussion Guide** is designed to help you work closely with your healthcare team, as you learn more about treating your lupus with BENLYSTA. Please use the tips in this Guide to help you get the information you need from your doctors’ appointments. Write down any questions or concerns you have in the space provided, and share them with your doctor. You can review the suggested questions to help you with your list.

**WHAT IS BENLYSTA?**

BENLYSTA is a prescription medication used to treat adults with active systemic lupus erythematosus (SLE or lupus) who are receiving other lupus medicines.

It is not known if BENLYSTA is safe and effective in people with severe active lupus nephritis or severe active central nervous system lupus, and it has not been studied in combination with other biologics or intravenous cyclophosphamide. Use of BENLYSTA is not recommended in these situations.

**WORKING WITH YOUR HEALTHCARE TEAM**

It’s important to talk with your healthcare team about your lupus disease activity and how you’re coping with it. The following tips can help you make the most of these discussions:

**BEFORE YOUR APPOINTMENT**

- Keep track of your symptoms, including symptoms that you’re not sure are due to lupus. Sometimes it’s difficult to know if issues or symptoms are related to lupus. That is why it’s important to tell your doctor about everything you’re experiencing.
- Write down any questions or concerns you may have so you can discuss them with your healthcare team.
- Ask a friend or family member to come to the appointment with you, to help you remember what your doctor says.

**Important Safety Information**

Do not receive BENLYSTA if you are allergic to belimumab or to any of the ingredients in BENLYSTA.

The most important information to know about BENLYSTA

BENLYSTA can cause serious side effects. Some of these side effects may cause death. It is not known if BENLYSTA causes these serious side effects.

Tell your healthcare provider right away if you have any of the symptoms listed below while receiving BENLYSTA

- **Infections:** Symptoms can include fever, chills, pain or burning with urination, urinating often, coughing up mucus, or skin or sores that are warm, red, or painful.
- **Heart problems:** Symptoms can include chest discomfort or pain, shortness of breath, cold sweats, nausea, dizziness, or discomfort in other areas of the upper body.
- **Mental health problems and suicide:** Symptoms can include thoughts of suicide or dying, attempt to commit suicide, trouble sleeping (insomnia), new or worse anxiety or depression, acting on dangerous impulses, other unusual changes in your behavior or mood, or thoughts of hurting yourself or others.

Please see additional Important Safety Information on the next page.
Your Doctor Discussion Guide

WORKING WITH YOUR HEALTHCARE TEAM (cont’d)

DURING THE APPOINTMENT

• At the start of your appointment, tell your doctor you have questions, so that he or she can leave time for them.

• Rate any symptoms you may have and how they are affecting you, on a scale of 1 to 10. This way your doctor can see how your symptoms may be changing over time.

• Mention any changes in your lifestyle or health that may be impacting your lupus.

• Take notes about what your doctor says.

• Make sure you understand everything. If anything is unclear, ask your doctor about it. You may find that it helps if you’re given a drawing or written instructions.

WHAT YOU CAN DO TO HELP YOUR HEALTHCARE TEAM

• List all the medications you take. Be sure to include over-the-counter medicines, vitamins and nutritional supplements. Remember to bring this list with you to all your appointments.

• Be open about how you feel about any treatments you’re receiving. Share both the positive and the negative experiences you may be having.

• Get informed about lupus by visiting reputable lupus websites and advocacy groups. Here are a few that may help:

  • Lupus Foundation of America (LFA)
    www.lupus.org/newsite/index.html
  • Lupus Research Institute
    www.lupusresearchinstitute.org
  • National Institute of Arthritis and Musculoskeletal Skin Diseases (NIAMS)
    www.niams.nih.gov/Health_Info/Lupus

* The websites listed are external to GSK. GSK does not have control over the content of the information provided on these websites and therefore does not ensure their accuracy or completeness.

Important Safety Information (cont’d)

Before receiving BENLYSTA also discuss with your healthcare provider if you:

• think you have an infection or have infections that keep coming back. You should not receive BENLYSTA if you have an infection unless your healthcare provider tells you to.

• have or have had mental health problems such as depression or thoughts of suicide.

• have recently received a vaccination or if you think you may need a vaccination. If you are receiving BENLYSTA, you should not receive live vaccines.

• are taking other medicines, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

• are allergic to other medicines.

• are receiving other biologic medicines, monoclonal antibodies or intravenous infusions of cyclophosphamide (Cytoxan®).

• have or have had any type of cancer.

• have any other medical conditions.

• are pregnant or plan to become pregnant. It is not known if BENLYSTA will harm your unborn baby. If you are able to become pregnant, you should talk to your healthcare provider about whether or not to use birth control (contraception) and receive BENLYSTA. If you are receiving BENLYSTA, you should use an effective method of birth control while receiving BENLYSTA and for at least 4 months after the final dose of BENLYSTA.

• Tell your healthcare provider right away if you become pregnant or you think you may be pregnant while receiving treatment with BENLYSTA. If you become pregnant, talk to your healthcare provider about enrolling in the BENLYSTA Pregnancy Registry. You can enroll in this registry by calling 1-877-681-6296. The purpose of the registry is to monitor the health of you and your baby.

• are breastfeeding or plan to breastfeed. It is not known if BENLYSTA passes into your breast milk. You and your healthcare provider should discuss whether or not you should receive BENLYSTA and breastfeed.
Important Safety Information (cont’d)

Possible side effects of BENLYSTA

• **Cancer:** BENLYSTA may reduce the activity of your immune system. Medicines that affect the immune system may increase your risk of certain cancers.

• **Allergic (hypersensitivity) and infusion reactions:** Serious allergic or infusion reactions can happen on the day of or days after receiving BENLYSTA and may cause death. Your healthcare provider will watch you closely while you are receiving BENLYSTA and after your infusion for signs of a reaction. Allergic reactions can sometimes be delayed; tell your healthcare provider right away if you have any of the following symptoms of a reaction: itching; swelling of the face, lips, mouth, tongue, or throat; trouble breathing; anxiousness; low blood pressure; dizziness or fainting; headache; nausea; or skin rash, redness, or swelling. Tell your healthcare provider or get emergency medical help right away if you have any of these symptoms.

• **Progressive multifocal leukoencephalopathy (PML):** PML is a serious and life-threatening brain infection. Your chance of getting PML may be higher if you are treated with medicines that weaken your immune system, including BENLYSTA. PML can result in death or severe disability. If you notice any new or worsening medical problems such as the following, tell your healthcare provider right away: memory loss, trouble thinking, dizziness or loss of balance, difficulty talking or walking, or loss of vision.

QUESTIONS TO ASK YOUR DOCTOR ABOUT LUPUS AND TREATMENT OPTIONS

- My lupus continues to be active while I am taking my current treatments. Is there anything more we can do?

- I’ve heard about BENLYSTA. How is this different from my current treatment?

- What are the benefits and risks of adding BENLYSTA?

- How is BENLYSTA administered, and what are the possible side effects?

- I’m a busy person. How can the infusions fit with my schedule?

- How long does each infusion take?
Important Safety Information (cont’d)

The most common side effects of BENLYSTA include:

- Nausea
- Diarrhea
- Fever
- Stuffy or runny nose and sore throat (nasopharyngitis)
- Cough (bronchitis)
- Trouble sleeping
- Leg or arm pain
- Depression
- Headache (migraine)

Tell your healthcare provider if you have any side effect that bothers you or that does not go away. These are not all the possible side effects of BENLYSTA.

Other Important Information

In 2 of 3 studies, fewer blacks/African Americans who received BENLYSTA responded to treatment compared to blacks/African Americans who did not receive BENLYSTA. Therefore, it is important to discuss with your healthcare provider whether BENLYSTA is right for you. A clinical trial is ongoing to study BENLYSTA specifically in blacks/African Americans with lupus.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.

QUESTIONS TO ASK YOUR DOCTOR ABOUT LUPUS AND TREATMENT OPTIONS (cont’d)

- Where does the infusion session take place?
- What are my payment options?
- Do I need someone to accompany me for each infusion, or can I go alone?
- What are some typical reactions to the infusion, and how will I feel after?
- Who should I contact if I have more questions about BENLYSTA between appointments?

OTHER QUESTIONS AND NOTES:

Please see additional Important Safety Information on the next page.
BEFORE RECEIVING BENLYSTA

If your doctor prescribes BENLYSTA, it is important to tell him or her if you:

- think you have an infection or have infections that keep coming back. You should not receive BENLYSTA if you have an infection unless your healthcare provider tells you to.
- have or have had mental health problems such as depression or thoughts of suicide.
- have recently received a vaccination or if you think you may need a vaccination. If you are receiving BENLYSTA, you should not receive live vaccines.
- are taking other medicines, including prescription and over-the-counter medicines, vitamins, and herbal supplements.
- are allergic to other medicines.
- are receiving other biologic medicines, monoclonal antibodies or intravenous infusions of cyclophosphamide (Cytoxan®).
- have or have had any type of cancer.
- have any other medical conditions.

PREGNANCY AND BREASTFEEDING

Tell your healthcare provider if you are pregnant or plan to become pregnant. It is not known if BENLYSTA will harm your unborn baby. If you are able to become pregnant, you should talk to your healthcare provider about whether or not to use birth control (contraception) and receive BENLYSTA. If BENLYSTA is recommended you should use an effective method of birth control while receiving BENLYSTA and for at least 4 months after the final dose of BENLYSTA.

Tell your healthcare provider right away if you become pregnant or you think you may be pregnant while receiving treatment with BENLYSTA. If you become pregnant, talk to your healthcare provider about enrolling in the BENLYSTA Pregnancy Registry. You can enroll in this registry by calling 1-877-681-6296. The purpose of the registry is to monitor the health of you and your baby.

Tell your healthcare provider if you are breastfeeding or plan to breastfeed. It is not known if BENLYSTA passes into your breast milk. You and your healthcare provider should discuss whether or not you should receive BENLYSTA and breastfeed.

For more information on treatment with BENLYSTA, visit BENLYSTA.com or call 1-877-4-BENLYSTA (1-877-423-6597).

Please see Prescribing Information and Medication Guide for BENLYSTA.

ADDITIONAL QUESTIONS OR NOTES: