

# Prepare for Your Doctor's Visit

Get the most out of your appointment.

**Benlysta**  
(belimumab)  
Intravenous Use 120 mg/vial  
Subcutaneous Use 200 mg/mL

Answer the following questions to create a personalized discussion guide to bring to your next doctor's visit.

## My Symptoms

Which of these common lupus symptoms have you experienced? You'll want to tell your doctor about any symptoms you've had, even if they haven't been frequent or recent.

These are not complete lists of all possible symptoms, and BENLYSTA may not help with all of these symptoms. If you're experiencing severe symptoms that require medical attention, please contact your physician immediately.

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Fever                  | <input type="checkbox"/> Chest pain   | <input type="checkbox"/> Confusion and memory loss  |
| <input type="checkbox"/> Fatigue                | <input type="checkbox"/> Dry eyes   | <input type="checkbox"/> Fingers and toes that turn white or blue when exposed to cold or during stressful periods (Raynaud's phenomenon) |
| <input type="checkbox"/> Joint pain             | <input type="checkbox"/> Headaches  | <input type="checkbox"/> Other _____  |
| <input type="checkbox"/> Stiffness and swelling | <input type="checkbox"/> Butterfly-shaped rash on the cheeks and bridge of the nose | _____   |
| <input type="checkbox"/> Sun sensitivity        | <input type="checkbox"/> Rashes elsewhere on the body                               |   |
| <input type="checkbox"/> Shortness of breath    |   |   |

## Have you experienced any of the following signs of lupus nephritis? (optional)

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Sudden and unexplained swelling, especially in the extremities (feet, ankles, legs, fingers, arms) or the eyes | <input type="checkbox"/> Blood in the urine      | <input type="checkbox"/> Increased need to urinate, especially at night |
|   | <input type="checkbox"/> Elevated blood pressure | <input type="checkbox"/> Other _____                                    |
|   | <input type="checkbox"/> Foamy or frothy urine   | _____   |

## How would you describe the impact of these symptoms since your last appointment?

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> One or more of my symptoms has been difficult to manage.  | <input type="checkbox"/> One or more of my symptoms has been manageable at times. | <input type="checkbox"/> My symptoms have been manageable. |
| <input type="checkbox"/> I don't know if what I've been experiencing is a symptom. |   |  |

## What is BENLYSTA?

BENLYSTA is a prescription medicine used to treat patients with active systemic lupus erythematosus (SLE or lupus) who are receiving other lupus medicines. BENLYSTA is also used to treat adult patients with active lupus nephritis (lupus-related kidney inflammation) who are receiving other lupus medicines. Both intravenous and subcutaneous dosing of BENLYSTA are approved for adults with SLE and lupus nephritis. Intravenous dosing of BENLYSTA is approved in children aged 5 years and older with SLE.

It is not known if BENLYSTA is safe and effective in people with severe active central nervous system lupus, and it has not been studied in combination with other biologics. Use of BENLYSTA is not recommended in these situations.

## Important Safety Information

Do not receive BENLYSTA if you are allergic to belimumab or to any of the ingredients in BENLYSTA.

### The most important information to know about BENLYSTA

Immunosuppressive agents, including BENLYSTA, can cause serious side effects. Some of these side effects may cause death.

- **Infections:** fever, chills, pain or burning with urination, urinating often, coughing up mucus, or warm, red, or painful skin or sores on your body. Infections could be serious, leading to hospitalization or death.

Please see additional Important Safety Information throughout and accompanying Important Facts About BENLYSTA.

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## My Treatment Plan

How would you describe your experience with your lupus treatment?

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> I've noticed progress since starting treatment. | <input type="checkbox"/> I've noticed progress but am interested in other options.       | <input type="checkbox"/> I'm dissatisfied with my current treatment and am interested in other options. |
| <input type="checkbox"/> I don't know if my treatment is working.        | <input type="checkbox"/> I'm not taking any medications for my lupus or lupus nephritis. |   |

What are your goals for your treatment plan?

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> I want to better manage my lupus symptoms.           | <input type="checkbox"/> I want to reduce severe lupus flares.                   | <input type="checkbox"/> I want to address high-dose or frequent steroid use.            |
| <input type="checkbox"/> I want to better manage my lupus nephritis symptoms. | <input type="checkbox"/> I want to reduce the risk of long-term health concerns. | <input type="checkbox"/> I'm not taking any medications for my lupus or lupus nephritis. |

## My Questions About BENLYSTA

Whether you and your doctor have discussed BENLYSTA before, you may still have questions—get the answers you're looking for.

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> How can I tell if BENLYSTA is right for me?             | <input type="checkbox"/> What kind of results can I expect from taking BENLYSTA?? | <input type="checkbox"/> Which administration option is recommended? |
| <input type="checkbox"/> How long could it take for BENLYSTA to work?            | <input type="checkbox"/> What are the potential side effects of BENLYSTA?         | <input type="checkbox"/> How often do I take BENLYSTA?               |
| <input type="checkbox"/> How would BENLYSTA work with my current treatment plan? | <input type="checkbox"/> How does BENLYSTA work?                                  | <input type="checkbox"/> How was BENLYSTA studied?                   |

## You're all set!

Please print this guide if you'd like a paper copy, or keep it on your phone so you can refer back to it, and discuss your responses with your doctor. To find a doctor near you who can help you manage lupus and learn about BENLYSTA, visit [www.benlysta.com/talk-to-your-doctor/find-a-doctor/](http://www.benlysta.com/talk-to-your-doctor/find-a-doctor/).

## Important Safety Information (cont'd)

The most important information to know about BENLYSTA (cont'd)

- **Allergic (hypersensitivity) reactions:** itching, swelling of the face, lips, mouth, tongue, or throat, trouble breathing, anxiousness, low blood pressure, dizziness or fainting, headache, nausea, or skin rash. Serious allergic reactions can happen on the day of, or in the days after, receiving BENLYSTA and may cause death.
- **Mental health problems and suicide:** thoughts of suicide or dying, attempt to commit suicide, trouble sleeping (insomnia), new or worse anxiety or depression, acting on dangerous impulses, other unusual changes in your behavior or mood, or thoughts of hurting yourself or others.

Before receiving BENLYSTA also discuss with your healthcare provider if you:

- think you have an infection or have infections that keep coming back. You should not receive BENLYSTA if you have an infection unless your healthcare provider tells you to.
- have or have had mental health problems such as depression or thoughts of suicide.

Please see additional Important Safety Information throughout and accompanying Important Facts About BENLYSTA.

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## Important Safety Information (cont'd)

### Before receiving BENLYSTA also discuss with your healthcare provider if you: (cont'd)

- have recently received a vaccination or if you think you may need a vaccination. If you are receiving BENLYSTA, you should not receive live vaccines.
- are taking other medicines, including prescription and over-the-counter medicines, vitamins, and herbal supplements.
- are allergic to other medicines.
- are receiving other biologic medicines or monoclonal antibodies.
- have or have had any type of cancer.
- have any other medical conditions.
- are pregnant or plan to become pregnant. It is not known if BENLYSTA will harm your unborn baby. You should talk to your healthcare provider about whether to prevent pregnancy while on BENLYSTA. If you choose to prevent pregnancy, you should use an effective method of birth control while receiving BENLYSTA and for at least 4 months after the final dose of BENLYSTA.  
Tell your healthcare provider right away if you become pregnant during your treatment with BENLYSTA or if you think you may be pregnant.
- become pregnant while receiving BENLYSTA. Talk to your healthcare provider about enrolling in the BENLYSTA Pregnancy Registry. You can enroll in this registry by calling 1-877-681-6296. The purpose of this registry is to monitor the health of you and your baby.
- are breastfeeding or plan to breastfeed. It is not known if BENLYSTA passes into your breast milk. You and your healthcare provider should talk about whether or not you should receive BENLYSTA and breastfeed.

## Possible side effects of BENLYSTA

- **Progressive multifocal leukoencephalopathy (PML).** PML is a serious and life-threatening brain infection. PML can result in death or severe disability. Tell your healthcare provider right away if you notice any new or worsening medical problems: memory loss, trouble thinking, dizziness or loss of balance, difficulty talking or walking, or loss of vision.
- **Cancer.** Medicines that affect the immune system, including BENLYSTA, may increase your risk of certain cancers.

The most common side effects of BENLYSTA are nausea, diarrhea, fever, stuffy or runny nose and sore throat, persistent cough, trouble sleeping, leg or arm pain, depression, headache, and pain, redness, itching, or swelling at the site of injection (when given subcutaneously). These are not all the possible side effects of BENLYSTA. Call your doctor for medical advice about side effects.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch), or call 1-800-FDA-1088.

Please see full Important Safety Information throughout and accompanying Important Facts About BENLYSTA.



Have questions or need assistance?  
Call 1-877-4-BENLYSTA  
(1-877-423-6597)

Personalized Support

Benefits & Savings

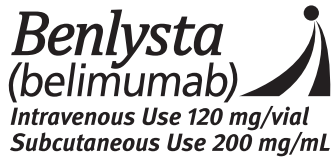
Exclusive Resources

Whether you need treatment support or financial assistance, BENLYSTA Cares may be able to help.

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BELOGM210052 December 2021  
Produced in USA.



## IMPORTANT FACTS ABOUT BENLYSTA

The risk information presented here is not comprehensive. To learn more, talk to your healthcare provider (HCP). Visit [www.BENLYSTA.com](http://www.BENLYSTA.com) or call 1-877-423-6597 to get FDA-approved product labeling, including Medication Guide.

### What is the most important information I should know about BENLYSTA?

Immunosuppressive agents, including BENLYSTA, can cause serious side effects. Some of these side effects may cause death. Tell your HCP right away if you get any of the following signs or symptoms while receiving BENLYSTA:

- **Infections.** Infections could be serious, leading to hospitalization or death. Symptoms can include: fever, chills, pain or burning with urination, urinating often, coughing up mucus, warm, red, or painful skin or sores on your body.
- **Allergic (hypersensitivity) reactions.** Serious allergic reactions can happen on the day of, or in the days after, receiving BENLYSTA and may cause death. Symptoms can include: itching, swelling of the face, lips, mouth, tongue, or throat, trouble breathing, anxiousness, low blood pressure, dizziness or fainting, headache, nausea, skin rash.
- **Mental health problems and suicide.** Symptoms can include: thoughts of suicide or dying, attempt to commit suicide, trouble sleeping, new or worse anxiety, new or worse depression, acting on dangerous impulses, other unusual changes in your behavior or mood, thoughts of hurting yourself or others.

### What is BENLYSTA?

BENLYSTA is a prescription medicine used to treat patients with active systemic lupus erythematosus (SLE or lupus) who are receiving other lupus medicines. BENLYSTA is also used to treat adult patients with active lupus nephritis (lupus-related kidney inflammation) who are receiving other lupus medicines. Both intravenous and subcutaneous dosing of BENLYSTA are approved for adults with SLE and lupus nephritis. Intravenous dosing of BENLYSTA is approved in children aged 5 years and older with SLE.

It is not known if BENLYSTA is safe and effective in people with severe active central nervous system lupus.

### Who should not use BENLYSTA?

Do not use BENLYSTA if you are allergic to belimumab or any of the ingredients in BENLYSTA.

### What should I tell my HCP before receiving BENLYSTA?

Before you receive BENLYSTA, tell your HCP about all of your medical conditions, including if you:

- think you have an infection or have infections that keep coming back. You should not receive BENLYSTA if you have an infection unless your HCP tells you to. See “What is the most important information I should know about BENLYSTA?”
- have or have had mental health problems such as depression or thoughts of suicide.
- have recently received a vaccination or if you think you may need a vaccination. If you are receiving BENLYSTA, you should not receive live vaccines.
- are allergic to other medicines.
- are receiving other biologic medicines or monoclonal antibodies.
- have or have had any type of cancer.
- are pregnant or plan to become pregnant. It is not known if BENLYSTA will harm your unborn baby. You should talk to your HCP about whether to prevent pregnancy while on BENLYSTA. If you choose to prevent pregnancy, you should use an effective method of birth control while receiving BENLYSTA and for at least 4 months after the final dose of BENLYSTA. Tell your healthcare provider right away if you become pregnant during your treatment with BENLYSTA or if you think you may be pregnant.

- are breastfeeding or plan to breastfeed. It is not known if BENLYSTA passes into your breast milk. You and your HCP should talk about whether or not you should receive BENLYSTA and breastfeed.

Tell your HCP about all medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

### What are the possible side effects of BENLYSTA?

BENLYSTA can cause serious side effects including:

- **Progressive multifocal leukoencephalopathy (PML).** PML is a serious and life-threatening brain infection. Your chance of getting PML may be higher if you are treated with medicines that weaken your immune system, including BENLYSTA. PML can result in death or severe disability. Tell your HCP right away if you notice any new or worsening medical problems such as: memory loss, trouble thinking, dizziness or loss of balance, difficulty talking or walking, loss of vision.
- **Cancer.** BENLYSTA may reduce the activity of your immune system. Medicines that affect the immune system may increase your risk of certain cancers.

The most common side effects of BENLYSTA include: nausea, diarrhea, fever, stuffy or runny nose and sore throat, persistent cough, trouble sleeping, leg or arm pain, depression, headache, and pain, redness, itching, or swelling at the site of injection.

These are not all the possible side effects of BENLYSTA. Call your doctor for medical advice about side effects. You may report side effects to the FDA at 1-800-FDA-1088.

Keep BENLYSTA and all medicines out of reach of children.

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BELBRFS200003 December 2020  
Produced in USA. 0002-0010-39